How you can support us

Every year, so many amazing people get involved in fundraising activities for Alex TLC. Your generosity ensures we can continue to support everyone affected by these devastating conditions.

Donate
Make a donation via our website:
www.alextlc.org/donate

Volunteer
Join our board of Trustees, become a volunteer retail assistant in one of our shops, join our voluntary fundraising team, or ask about work experience. For current opportunities, visit our website.





Fundraise
Walk, run, take on a challenge, bake a cake, or hold an event. You can help us to make a real difference. Please get in touch if you would like some more information about fundraising.

Raise awareness
Help increase awareness and understanding of leukodystrophies by supporting one of our campaigns.

Corporate Opportunities
Support us through your company and get your staff involved with fundraising, volunteering or supporting one of our events.



Our shops

Gift your unwanted possessions to one of our charity shops in South East London. We can even arrange to collect them from you.

Looking for a team building activity?
Our charity shop 'takeover' challenge is suitable for corporate social responsibility days and small teams who want to develop collaborative skills.

"First class organisation, with staff who fully appreciate the problems of leukodystrophy. The ONLY organisation out there to help" *Alex TLC Impact Report*

Find out more:

Call: 020 7701 4388
Email: info@alextlc.org
Website: alextlc.org
Facebook & Twitter: @alextlcsupport
Instagram: @we_are_alex_tlc
LinkedIn: Alex TLC
Write: Alex TLC, 45 Peckham High Street, London SE15 5EB

Registered Charity number 1106008 (England & Wales) SC051539 (Scotland)

Meet Alex, The Leukodystrophy Charity (Alex TLC)









Who we are

Established in 2004, Alex TLC is an internationally recognised centre of excellence for those affected by genetic leukodystrophies. We are the only charity in the UK that provides invaluable support for anyone with a genetic leukodystrophy, their families and carers.

There are over 100 different known types of leukodystrophy, including some so rare they only affect one or two individuals.

What is a Leukodystrophy?

Leukodystrophies are genetic disorders that mainly affect the white matter of the central nervous system (i.e. the brain or spinal cord). They affect people of all ages and backgrounds, most notably children. Most leukodystrophies are degenerative, causing symptoms such as impaired mobility, vision, speech and hearing, incontinence, inability to swallow and loss of cognitive skills. In many cases, this sadly means a reduced or limited lifespan.

Our aims

- Enable more patients, families and carers to access vital support and information
- Connect patients and families to others living with a genetic leukodystrophy
- Raise awareness and improve public and professional education through events and campaigns
- Promote research to find better treatments, enable early diagnosis and increase life expectancy

What we do

Alex TLC is a trusted lifeline for patients and families facing leukodystrophy, and an information source for the medical professionals supporting and treating them.

We help by providing:

Information

We can help people to learn more about their condition and symptoms, along with the services and treatment options available to them.

One to one support

We want everyone to be able to access the help they need to cope with their condition. Our support is accessible by video call, by email, phone, or via home visits.

Peer support

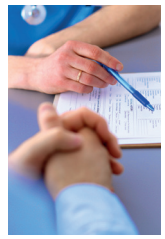
We connect people with others who are facing similar challenges. The 'Alex TLC family' is a vital source of comfort and knowledge, which helps to reduce the isolation that people with a rare disorder may feel.

Grant programmes

Our means tested grants can provide access to care, equipment and therapy not available through statutory services, including support during Bone Marrow Transplant and Gene Therapy. We can also provide financial support for those who are going through a bereavement.











Events

Our Community Weekend and a variety of interactive online support and information events, bring together patients, families, doctors and scientists to share experiences.

Campaigns

We initiate and champion campaigns to improve best practice in prevention, early diagnosis and treatment of leukodystrophies.

Research

We promote and support leukodystrophy research to ensure it has optimal impact for patients.

Professional partnerships

We work with the NHS, global leukodystrophy specialists, research organisations and pharmaceutical companies to improve outcomes for patients, families and carers.

As a charity, we can only provide this support thanks to your help!

£25 can fund an hour of dedicated support for someone with nowhere else to turn.

£300 could fund a support grant for someone in need.

£1,000 could support one of our projects, for example, a book to help a child understand their diagnosis